

Knowledge Assessment: Sexual Health

This assessment is to be completed by teens and young adults with inflammatory bowel disease (IBD). For each question, please read all the answer choices carefully before choosing the one answer you think is best. If you don't know an answer, leave it blank and move on to the next question. This is not a test. This assessment has been developed to help you understand more about IBD with the help of your healthcare team.

Name: _____

Date: _____

1 People with inflammatory bowel disease (IBD) are more likely to have sexual health issues than people without IBD.

True

False

Don't know

2 Which of the following are effective ways to prevent the spread of sexually transmitted infections (STIs)?

A. Get vaccinated against human papillomavirus (HPV) and hepatitis B

C. Get tested if you have any symptoms

B. Use condoms every time you have sex

D. All of the above

3 Which of the following is true?

A. People with IBD don't need to worry about birth control

C. Condoms are an effective method of birth control

B. Pull-out method/withdrawal is an effective method of birth control

D. All of the above

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4 Women with IBD who are on drugs to suppress the immune system have an increased risk of cervical cancer.

True

False

Don't know

5 Which of the following can affect the ability of someone with IBD to get pregnant?

A. Previous surgery

C. Certain medications

B. Disease activity

D. All of the above

6 It is normal for sex to hurt for women with IBD.

True

False

Don't know



Next Steps:

Read up _____

Retake _____

R.E.D.I. to go! _____